

<p>Counseling and Psychological Services Contact: Dr. Amy Honigman 220 Wurster Hall Email: ahonigman@berkeley.edu Phone:(510) 664-4575 Phone:(510) 642-6633</p>	<p>Resources Available: If you need or want help managing stress, anxiety, depression, substance abuse, family conflicts, transitional challenges, grief/loss, issues faced by minority students, struggles with “coming out” process for LGBTQ community, relationship issues, time management or decision making. For appointments, please send Amy Honigman a message through the UHS “eTang” portal.</p>
<p>Career Center Contact: Angie Luo 220 Wurster Hall Email: aluo@berkeley.edu Phone: (510) 643-6353</p>	<p>Resources Available: If you need or want help with exploring career options related to your major, networking and professional development, internship and job exploration or applying to graduate school.</p> <p>Click here to schedule an appointment through bCal</p>
<p>Disabled Students Program (DSP) 260 César E. Chávez Student Center, #4250 Email: dsp@berkeley.edu Phone: (510) 642-0518</p>	<p>Resources Available: If you feel that you would benefit from an accommodation to enhance your learning and educational experience, you can meet with a Disability Specialist for an evaluation and discussion of your options.</p>
<p>Educational Opportunity Program (EOP) 119 Cesar Chavez Student Center Email: advising@berkeley.edu Phone: 510-624-7224</p>	<p>Resources Available: If you are a low-income, first-generation college student or historically underrepresented minority student and would like additional guidance, counseling or access to campus resources.</p>
<p>Transfer Center 100 Cesar Chavez Student Center Phone: 510-642-4257</p>	<p>Resources Available: If you are a transfer or returning student and looking for additional support and connection to resources that will enable a successful transition to Cal.</p>
<p>Student Learning Center Cesar E. Chavez Student Center Phone: 510-642-7332</p>	<p>Resources Available: If you want additional academic support, tutoring and learning resources to enable success and continued educational growth and development.</p>
<p>Financial Support and Literacy Financial Aid Office Cal Student Central 120 Sproul Hall Phone: 510-664-9181</p> <p>Bears for Financial Success Peer-to Peer Financial Wellness Program 211 Sproul Hall E-mail: bffs@berkeley.edu</p>	<p>Resources Available: If you want information about different types of aid, student loans, payment plans and refunds, emergency loans and work study.</p> <p>Important Services to Consider: <i>Cost of Attendance Adjustment:</i> When your academic expenses are higher than your financial aid budget, you may submit a request for adjustment. Form can be found on financial aid website.</p> <p>Resources Available: If you want peer-to-peer financial literacy support and assistance with managing personal finances.</p>
<p>Study Abroad Berkeley Study Abroad 160 Stephens Hall # 2302 E-mail: studyabroad@berkeley.edu</p>	<p>Resources Available: If you want more information about study abroad programs, applications and deadlines.</p>

<p>Phone: 510 642-1356</p>	
<p>Free Printing Services MLK Student Union Entrance on lower Sproul, room # 171 https://www.ocf.berkeley.edu/docs/services</p>	<p>Resources Available: If you want to take advantage of The Open Computing Facility's offer of 100 pages of free printing per semester.</p>
<p>CED Fee Waivers http://ced.berkeley.edu/resources/use-and-access-fees</p>	<p>Resources Available: If you are a Pell Grant or Dream Act Scholarship recipient, you may apply for a fee waiver. Juniors and Seniors typically have priority.</p>
<p>CED Material Store http://ced.berkeley.edu/resources/materials-store/</p>	<p>Resources Available: If you are a CED student and want access to affordable and sustainable material for projects and design work. (Student ID Required)</p>
<p>CED Prizes and Awards http://prizes-awards.ced.berkeley.edu/ 510-642-7459 cedprizes@berkeley.edu</p> <p>CED Scholarships</p>	<p>Resources Available: If you are a CED student looking for additional prizes, awards, scholarships, fellowships or grants to supplement your financial aid or reduce tuitions costs.</p> <p>For CED scholarship resources, please visit: http://ced.berkeley.edu/downloads/forms/academic/ced_scholarship-resources-for-undergrads.pdf</p>
<p>Undocumented Students Program 119 Cesar Chavez Student Center E-mail: Undocu@berkeley.edu Phone: (510) 642 - 7224</p>	<p>Resources Available: If you are an undocumented student and looking for solution focused and individualized support with academic counseling, legal options, financial aid and a variety of campus wide referrals.</p>
<p>Re-entry Student Program Cal Veteran Services Center: 102B Hearst Gymnasium</p>	<p>Resources Available: If you are an undergraduate student age 25 or above and would like some additional support with the transition to Cal as well as access to resources and networking opportunities.</p>
<p>Student Parent Program 100 César E. Chávez Student Center Berkeley, CA 94720-4260 E-mail: studentparents@berkeley.edu Phone: (510) 643-5729</p>	<p>Resources Available: If you are a current or expecting parent and could benefit from additional support and resources to help you reach your educational goals. Services offered: counseling, child care, transitional programs and housing assistance.</p>
<p>Cal Veterans Services Center 102 Hearst Memorial Gym Berkeley, CA 94720 Phone: 510-642-0083</p>	<p>Resources Available: If you are a student veteran and would like expanded access to resources, support for academic goals and assistance with graduation preparation and post graduate life.</p>
<p>Centers for Educational Justice and Community Engagement http://ejce.berkeley.edu/about</p>	<p>Resources Available: If you are looking for student spaces and programs that honor interconnected identities and provide individual support, advocacy and dialogue. Includes Gender Equity Resource Center and Multicultural Student Development.</p>

Food Pantry & Resources at Cal

MLK Student Union, Room 68
2495 Bancroft Way, Berkeley, CA 94704
E-mail: foodpantry@berkeley.edu

Additional Food Resources:

Berkeley & Albany Food Pantry
1600 Sacramento Street, Berkeley, CA
Email: info@berkeleyfoodpantry.org
Phone: 525-2280

Alameda Food Bank
1900 Thau Way, Alameda, CA 94501

Berkeley Food and Housing Project
Lutheran Church of the Cross
1744 University Ave, Berkeley, CA 94703

The Spiral Gardens Community Food Security Project
2850 Sacramento St, Berkeley, CA 94702

The Berkeley Student Organic Garden
Garden located on the corner of Walnut St. and Virginia St. in north Berkeley, CA

Resources Available:

If you are in need of emergency nutritional support or find yourself skipping meals to save money. UC Berkeley students can visit the pantry twice a month to receive 8-10 days of nutritional supplies.

CalFresh Clinic: Supplemental Food Program offered the first Friday of each month. Click here for details: <https://pantry.berkeley.edu/upcoming-events/calfresh-clinic/>

Cal Food Assistance Program: Short-term food supply options for students receiving financial aid. Click here for details: <http://financialaid.berkeley.edu/food-assistance-program>

An emergency food assistance program for Berkeley and Albany residents. Open from 2-4 Mondays, Wednesdays and Fridays.

For details on programs, eligibility and memberships click here: <http://www.alamedafoodbank.org/>

A daily community meal is offered for those in need. For details on locations and times, click here: <http://bfhp.org/services/safety-net-services/>

This community program provides free food to those in need. For details, click here: <http://www.spiralgardens.org/>

Contact this student group to inquire about extra produce or join to grow your own. For details, click here: <https://www.ocf.berkeley.edu/~soga/wordpress/>